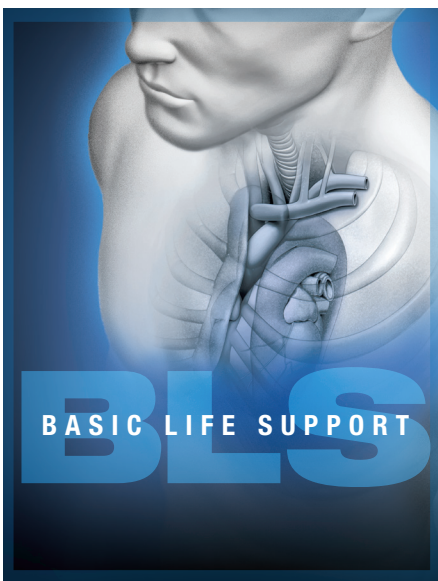


**UPDATED WITH  
GUIDELINES  
2015 CPR & ECC**

AHA's BLS Course provides the foundation for saving lives after cardiac arrest. Updated to reflect new 2015 science, BLS teaches the concepts of high-quality CPR, improvement of chest compression fraction, and high-performing team dynamics.

BLS from AHA offers the advantages of: ~ Content representing the **latest resuscitation science** for improved patient outcomes ~ **Realistic scenarios**, simulations, and animations depicting rescuers, teams, and patients ~ **Course and content flexibility** for AHA Instructors and students, including **adaptability to local protocols**.



## WHO SHOULD TAKE THE COURSE?

Healthcare professionals and other personnel who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in-facility and prehospital settings.

## COURSE COVERS

- New science and education from the *2015 AHA Guidelines Update for CPR and ECC*
- The components of high-quality CPR for adults, children, and infants
- The AHA Chain of Survival for prehospital and in-facility providers
- Important early use of an AED
- Effective ventilations using a barrier device
- Importance of teams in multirescuer resuscitation and performance as an effective team member during multirescuer CPR
- Relief of foreign-body airway obstruction (choking) for adults and infants

## COURSE DELIVERY

BLS can be delivered in 2 formats to meet the needs of students and offer flexibility for instructors. All formats include the same learning objectives and result in the same course completion card.



CLASSROOM



BLENDED

### • Instructor-led Training

Instructors deliver both the cognitive portion of training and the psychomotor component of thorough skills practice and testing in a classroom setting

### • Blended Learning – HeartCode BLS® *Coming Soon!*

Includes a combination of eLearning, in which a student completes part of the course in a self-directed manner, and a hands-on session.

**Order Today!**

**Instructor-led Training Materials**  
**Order from AHA Distributors**  
heart.org/BLS

**Blended Learning coming soon!**